



Centenarian boldly leads the charge in the UK

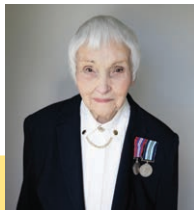
by Edwina Melville-Gray, CABP Chair

CABP member Anne Puckridge turned 100 in December and marked this personal milestone by travelling 5000 miles to London for the sole purpose of bringing hope to all who, like her, are forced to get by on a frozen pension.

Anne's goal was to talk face-to-face with Prime Minister Keir Starmer to make sure that the hurt and financial hardships inflicted on hundreds of thousands by his Government's freezing policy was at least heard and understood at that level, the policy being of so longstanding duration that it was unlikely to be addressed at any other level than the highest.

As you will read in these pages, it was an intense week of activity for her, with four days of television, press and social media interviews, an historic meeting with the pensions minister, hosting parliamentarians at a drop-in event, one-

on-one meetings with various MPs, being acknowledged during a 'Prime Minister's



Questions' session in the Commons, and delivering a petition to 10 Downing Street. She also was received at Canada House by High Commissioner Ralph Goodale.

Anne's mission was extraordinarily successful from a public relations point of view, no easy feat given how difficult it is to get any issue on national television or to achieve national press coverage. In every arena, however, Anne gave a stellar performance, capturing the media's attention and earning their respect. (See *Anne's UK media interviews* on pg.7.)

Anne was supported and aided throughout by her daughter Diane Duckett who had accompanied her mother from Canada, by our amazing and hardworking PR team at Tendo Consulting, and by John Duguid (End Frozen Pensions International) and



Anne Puckridge (seated) captured countless hearts and minds during her December mission to persuade UK MPs to unfreeze our pensions. She is seen here in Westminster Hall with End Frozen Pensions chief lobbyists John Duguid, Edwina Melville-Gray and Patrick Edwards.

Patrick Edwards (End Frozen Pensions Australia) along with myself.

All of us are grateful to CAPB members for boosting Anne's mission by informing UK MPs in advance about her visit and asking for their support.

What a woman! What a star!

“The real 'star of the show' must surely be Anne herself. Throughout the week, she unflinchingly displayed remarkable grace, good humour and fortitude and didn't put one word or foot out of place. We are all in awe of her tireless energy, wit and ability to effortlessly tackle the highest echelons of British politics and media. An astonishing achievement at her great age. What a woman. What a star.”

~ Peter Carroll, Founding Director, Tendo Consulting (award-winning PR company)

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Please note: All comments, information, articles, opinions and answers appearing in *JUSTICE* or provided by CABP or its volunteers are offered in good faith but are not intended to be a substitute for informed professional advice.



Chair's Column

Overcoming the challenges of turbulent times

by Edwina Melville-Gray, CABP Chair

The ever-changing political landscape continues to pose challenges for the End Frozen Pensions campaign. In less than a year, both the UK and Canada have seen three different Pensions Ministers take office, with each transition requiring us to re-establish connections, provide new briefings, and ensure that incoming ministers are informed about the issue. Indeed, the minister who engaged with us in our first-ever sit-down meeting in Westminster last December (see *Pensions Minister leaves Anne heartbroken* on pg.5) has already changed roles and we are now establishing relations with the new one: Torsten Bell.

Despite these hurdles, the campaign has made significant progress. With the phenomenal publicity we received because of Anne Puckridge's accomplishments in the UK in December, more and more British MPs are committing their support. Kudos go to our London-based lobby group, Tendo Consulting, for the exceptional job they did organizing press and media events for that mission.

As I write this in March, Tendo is helping us strategize on how best to succeed at counteracting the upcoming legislation that freezes our pensions each spring (see *The law giveth and the law taketh away* on pg. 7) and is also working to achieve a backbench debate on the issue.

What you can do

- Apply to join CABP's board of directors (see *NEEDS YOU!* on p.8).
- Participate in CABP's virtual AGM on June 14 (see *Notice of AGM* on p.5).
- Tell both your MPs (one on each side of the ocean) about the unfairness of pension freezing, so that when we ask them for support the issue is a matter of priority as one that affects their own constituents.
- Let us know if you are willing to connect with likeminded people in your area, as members getting together to lobby or brainstorm can be a powerful resource. Small groups already exist in Vancouver, Ottawa and Mississauga.

Justice delayed

For those who read the printed edition of *JUSTICE*, this issue may seem to be unusually hot on the heels of the last one. You are not imagining things. Delivery of the last issue was considerably delayed due to the November/December strike at Canada Post and the ensuing mail backlog. While it should have been in your hands long before Christmas, instead some of you were still waiting for it to arrive in mid-February. The postal strike did not affect delivery for members who read the digital version.

Deadline for submissions to the next issue:

16 June 2025



BBC Breakfast TV launches Anne's mission

On her first full day in London, Anne recorded an interview for the BBC's Breakfast television news program. In it, the WWII veteran, who served in all three branches of the British Armed Forces, told how her frozen pension affects every aspect of her life, saying, "You feel you've lost all sense of dignity. The government has thrown you away. You know – out of sight, out of mind."

Patrick Edwards, who heads CABP's sister organization in Australia, was also interviewed, adding the broader impact of frozen pensions into the story.

The piece was broadcast twice the following day, a day on which Anne was also interviewed by ITV News and Channel 5 News, with supplementary information provided by our campaign's international chair, John Duguid.

In addition, the BBC filmed Anne again, this time as she paid her respects to fellow female veterans at the Monument to the Women of World War II, within clear sight of the gates to 10 Downing Street.



Anne, "as seen on TV."

Anne's mission itinerary

Monday, December 2

- Record BBC Breakfast TV interview

Tuesday, December 3

- BBC One National News Bulletin
- ITV National News Bulletin
- Channel 5 TV National News Bulletin
- Meeting with MPs Christine Jardine and Tessa Munt
- Meeting with Pensions Minister Emma Reynolds
- BBC follow-up interview on reaction to minister's meeting
- MP and House of Lords drop-in session

Wednesday, December 4

- Prime Minister's Question Time in House of Parliament
- Meeting with MPs in Westminster Hall following PMQs
- Patrick Christy interview for GB News
- Canadian High Commission meeting
- Interview by Radio Gloucester

Thursday, December 5

- Visit to #10 Downing Street to hand in petition
- Media interviews outside #10 with BBC, GB News, Press Association and The Telegraph
- Jeremy Vine show, live radio interview on BBC Radio 2

Anne petitions PM at his residence

Prime Minister Keir Starmer's continuing refusal to meet with her brought Anne to the door of 10 Downing Street where she delivered a 143,000-signature petition asking him to change his mind before her time in the UK ran out.

The moment was recorded by photojournalists from The Telegraph and GB News and was followed by yet another BBC interview.

Our thanks to all CABP members who signed the petition.



Delivering her 143,000-strong petition to #10.

Noble question... shameful response, as PM dodges Anne

During a Prime Minister's Questions (PMQs) session in the House of Commons, Anne's presence in the gallery was acknowledged as two MPs – Gregory Stafford and Kirsty Blackman – rose to ask the PM directly if he would finally agree to meet with the centenarian WWII veteran who had come so far for the purpose of speaking with him, no matter how briefly.

Just a few weeks earlier, celebrity actress Dame Joanna Lumley had publicly urged the PM to get together with Anne, saying, "Surely there's no more powerful way of demonstrating that he recognises her service, and those she represents, than to grant her a few minutes of his precious time."

At the PMQs session, however, Keir Starmer dodged the question entirely, stating merely, "...our position (on frozen pensions) is a continuation of the position under the last Government."

In an interview she gave to GB News later that day, Anne called the PM's evasion of the MPs' question a "slap in the face."

Following the PMQs session, many MPs approached Anne and assured her of their support. Among them was Reform UK leader Nigel Farage, who committed to publicizing our campaign on social media.

The PM's persistent refusal to meet with Anne prompted the British press to take him to task, witness the Daily Express headline: "Keir Starmer triggers fury as he snubs WW2 veteran over pensions scandal."



After the PMQs, Reform UK leader Nigel Farage agreed to support our campaign on social media.



MP Gregory Stafford asked the PM to "give Anne the best birthday present ever and meet (with) her."



Anne tells GB News the PM's evasion was a "slap in the face."

Keir Starmer triggers fury as he snubs WW2 veteran over pensions scandal

EXCLUSIVE: The Prime Minister has provoked anger after snubbing calls to meet with Anne Puckridge days before her 100th birthday.

By MARTYN BROWN, Political Editor

10:53, Fri, Nov 29, 2024 | UPDATED: 10:53, Fri, Nov 29, 2024

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Anne Puckridge - Frozen pension payments case study (Image: End Frozen Pensions Campaign Group) ©

British press takes PM to task.

Canadian Alliance of British Pensioners Notice of Annual General Meeting



Dated at Toronto, Ontario,
this 7th day of January 2025.

Notice is hereby given that
the Annual General Meeting of
the Members of the Canadian
Alliance of British Pensioners,
hereinafter called the
“Corporation” will be held on

Saturday, June 14th, 2025, at 2:00 p.m. EDT.

The AGM will be available for members to participate via
Zoom. If you wish to attend, please contact the office
(info@britishpensions.com) for the details **by June 12th, 2025.**

By Order of the Board
Edwina Melville-Gray, Chair

Agenda:

1. Welcome and Introductions
2. Approve minutes of AGM held on June 8, 2024
3. Chairman’s Report
4. Approve the Financial Statements for year ending December 31, 2024.
5. By-Law Change
6. Election of Directors
7. Appointment of Auditor
8. Board Reports (if any)
9. Confirmation of Proceedings
10. Questions
11. Termination

The minutes of the Corporation’s AGM held on June 8,
2024, will be available on request by contacting the
registered office of the Corporation to obtain a copy free
of charge.

The Corporation’s audited Financial Statements for the year
ending December 31, 2024, will be available on request by
contacting the registered office of the Corporation to obtain
a copy free of charge.

Only Members of the Alliance may vote at a General Meeting.

Pensions Minister leaves Anne heartbroken

Anne’s meeting with then-
Minister for Pensions Emma
Reynolds was an historic
event, marking the first time our
campaign had ever been granted
a sit-down dialogue session with a
serving pensions minister.

Ms Reynolds appeared receptive as
Anne spoke of the struggles of frozen
pensioners, including a 104-year-old
who receives just £19 a week. We
also emphasized the totally random and
discriminatory nature of the policy along with the affordability
of resolving the matter. However, the minister stuck to the
party line and ultimately offered no relief.

The BBC interviewed Anne once again after the meeting and
she confessed to being “heartbroken” and “bitterly disappoint-
ed” that not even a hint of a potential policy review had been
given by the minister. You can read the interview here: [https://
www.bbc.com/news/articles/cd753pp8338o](https://www.bbc.com/news/articles/cd753pp8338o)

Despite this, we are hopeful the meeting marked the
beginning of further ministerial-level conversations where we
continue to engage and finally move the discussion forward.
Our optimism is based on the fact that Ms Reynolds appeared
surprised and sometimes shocked by some of the information
we provided.



Minister Emma Reynolds

Photo: @House of Commons/Roger Harris

Anne’s credentials did not hurt

Anne’s credentials as a veteran of the British Armed
Forces may have played a role in Minister Reynolds’
agreeing to the historic meeting. Fifteen years earlier
almost to the day, it was veterans who enticed then-
Pensions Minister Steve Webb to the steps of 10

Downing Street to
accept on behalf of
the Government a
book our campaign
had released
featuring the plight
of 104 ‘frozen’
service men and
women.



Anne (left) warship plotting during WWII.

Anne's Westminster drop-in cements support

Anne presided at a drop-in for parliamentarians that was attended mainly by MPs from the governing party. Among many fresh faces, we were pleased to welcome familiar ones, some of whom had come to a similar event during our last mission in October and returned specifically to show their ongoing support. The two-hour event was hosted by MP Neil Duncan-Jordan.

The Political Editor of the *Daily Express*, Martyn Brown, also participated and went on to feature Anne's story in online coverage.

Other attendees included long-time pension justice champion Sir Roger Gale MP (Cons), Pensions Select Committee member John Milne MP (Lib Dem), and Anne's own UK MP, Dr. Simon Opher (Labour).

Thanks to you...

Every MP we met reported having heard about Anne's visit from a member of CABP or our sister organization in Australia. Your letters have an impact and make such a difference!



Anne with MP Elaine Stewart



Edwina Melville-Gray talks to drop-ins.



Simon Opher is Anne's own UK MP.



MP Afzal Khan is a member of the Frozen Pensions parliamentary group.



MP Lillian Jones listens to Anne.



Lord Randall is vice chair of the Frozen Pensions parliamentary group.



Baroness Golding with Anne



MP John Milne is an active supporter of our cause.



MP Sir Roger Gale heads up the All-Party Parliamentary Group on Frozen Pensions.

The law giveth... and the law taketh away

As *JUSTICE* goes to press, we are working hard to annul the 2025 version of the legislation that imposes freezing on our pensions every spring. To begin with, all UK state pensions around the globe are indexed equally every year, until a statutory instrument is applied that snatches back the uprating from about 40 percent of pensioners who live overseas.

The process takes place in three steps:

1. A draft 'Social Security Benefits Uprating Order' is laid in Parliament in October/November. It proposes the state pension rate for the following fiscal year, along with the rates of various other social security benefit payments.

2. The final Uprating Order containing ratified new rates is laid in March. With its passage, the new uprated state pension amount is approved for all pensioners regardless of country of residence.

3. Next to be laid is a statutory instrument called the 'Social Security Benefits Uprating Regulations.' These Regulations outline various exceptions to the approved Uprating Order and include the deletion of the increase for state pensioners living in some 150 countries including Canada.

To complicate things, these Regulations are what is called a negative instrument, meaning they take effect automatically



Seen here flanking Anne Puckridge, MPs Christine Jardine (*right*) and Tessa Munt (*left*) have been involved in efforts to quash pension-freezing legislation.

unless an opposing motion is introduced and passed by Parliament within 40 days of the Regulations being laid.

Jeremy Vine: 'You can see why she's cross'

Anne's final media interview was possibly the most influential. Along with 6.5 million other daily listeners, the Prime Minister's team is known to tune in to the Jeremy Vine show on BBC Radio 2. Chances are they would be regretting not having agreed to at least a five-minute photo op with Anne.

After the official interview was over, Jeremy asked to do a personal video with her, which he then posted on his Instagram account along with the message: "Amazing lady! Anne Puckridge who lives in Canada, is among nearly half a million UK state pensioners whose pensions have been frozen because they left the country! Not all expats suffer this, so you can see why she's cross." <https://www.instagram.com/thejeremyvine/reel/DDNGIUMV7s/>



Anne's UK media interviews

- A major BBC Breakfast TV package
- A lunchtime ITN National News Bulletin
- A BBC One National News Bulletin
- Channel 5 News
- Two substantial interviews with GB News
- Interviews with The Telegraph, The Guardian, the Daily Mail, the Daily Express and hundreds of regional news outlets via Press Association newswire
- Several BBC regional TV and radio outlets
- A live 'in studio' interview with BBC Radio 2's Jeremy Vine show

Make Canada's federal election work for you

Help enlist 343 influential 'soldiers' into the End Frozen Pensions campaign

As *JUSTICE* goes to press in early March, a federal election is imminent in Canada. During the campaign, please ask every candidate running in your riding if they will commit to taking action against pension freezing when elected (or re-elected). In doing so, you transform the political exercise into something that benefits you as a 'frozen' pensioner: you educate MPs and would-be MPs about an issue that impacts you personally and you potentially recruit them into supporting our cause.

If CABP members across Canada do this, we could end up with 343 influential activists in Ottawa.

What to say

Tell the candidates how the UK indexes the British State Pension for people living in many countries including the US, Jamaica and the Philippines – but refuses to do so for the 114,000 who live here in Canada. Tell them that this



forces Canadian taxpayers to subsidize the income of a lot of these pensioners to the tune of millions of dollars a year, as well as causing great personal anxiety and hardship.

URGENT

THE ONE-AND-ONLY CAMPAIGN WORKING TO INDEX YOUR PENSION

NEEDS YOU!

Will you give just a few hours a week to help?

- **CABP's small board of directors is stretched to capacity**
Some directors have been working tirelessly for over 20 years. It's time for an influx of fresh energy and for new voices to contribute to the mix. Please ... apply to join the board! Contact our office at info@britishpensions.com
- **Momentum is on our side**
We have just had our first meeting with a UK pensions minister, and the cost of unfreezing our pensions has now been proven minimal. We urgently need more 'hands on deck' if we are to ride this historic wave all the way to success.
- **Now is not the time to slow down**
With a fresh UK government in place and another coming in Canada, this is a crucial moment for boosting the vitality of our campaign.
- **Help to secure the pension you deserve**
By joining CABP's board, you become part of the only campaign that exists to win your rightful pension and make a positive difference for thousands of people around the world.
- **Make a positive difference for yourself and 400,000 like you**
By joining CABP's board, you become part of the only movement in existence working to win pension indexation for all frozen UK pensioners.

YOUR HELP MATTERS!

Call or email CABP's office today: **Tel:** 416-253-6402 • **Email:** info@britishpensions.com

#Volunteer #UnfreezeOurPensions #MakeADifference

THE ISSUE AT A GLANCE

There are 12 million UK state pensioners, all of whom contributed similarly to the pension scheme via compulsory National Insurance Contributions.

Of the 12 million, just over one million live outside the UK.

A whopping 40 percent of pensioners living overseas are denied the annual cost-of-living increases given to their fellow expats around the world. Instead, their pensions are frozen simply because of where they have chosen to reside in their retirement.

Commonwealth nations and British overseas territories are home to 98 per cent of “frozen” pensioners.

There are more than 114,000 in Canada plus tens of thousands more expats heading towards pension age.



Anne is welcomed to Canada House



Anne (seated) is welcomed to Canada House by Canadian High Commissioner Ralph Goodale (second right) and Deputy High Commissioner Robert Fry (centre). They assured the End Frozen Pensions delegation of their unwavering support for our campaign.

‘Visa’ required to enter UK on a Canadian passport

A new type of travel document is now required for every individual travelling to the UK using a Canadian (or other non-UK) passport, even if they also hold British citizenship. The requirement came into effect in January of this year.

The “visa” is known as an ETA (electronic travel authorisation) and must be procured before travelling. It typically takes less than three days to obtain, costs £10 to apply for, and is good for two years or until your passport expires, if that is sooner.

Dual British/Canadian citizens travelling on a valid UK passport do not require an ETA. Neither do people simply transiting through a UK airport to another destination.

All the info on the ETA is here: <https://www.gov.uk/guidance/apply-for-an-electronic-travel-authorisation-eta#who-can-get-an-eta>

Watch a ‘What is an ETA?’ video here: <https://www.youtube.com/watch?v=EQVvTTbHIu4>



The Canadian Alliance of British Pensioners

PROXY

TO BE COMPLETED AND RETURNED BY MEMBERS

I, _____, of the province/territory/country of _____, a Member in good standing of the CANADIAN ALLIANCE OF BRITISH PENSIONERS, DO HEREBY APPOINT:

Choose one of: Chair, Edwina Melville-Gray

Or: _____
Other

as my proxy, to vote for me and on my behalf at the Annual General Meeting of the Alliance to be held on June 4, 2025, and at any adjournment thereof.

Dated at _____ this _____ day of _____ 2025

Member _____ Membership number _____
(Signature of Member)

1. Votes for Directors

The following Directors shall be elected to hold office for a three-year term expiring not later than the close of the annual meeting of members in the third year following the election.

David Acheson (Since 2012)	For <input type="checkbox"/>	Against <input type="checkbox"/>	Abstain <input type="checkbox"/>
Ian Andexser (Since 2013)	For <input type="checkbox"/>	Against <input type="checkbox"/>	Abstain <input type="checkbox"/>
Graham Dodd (Co-Opted 2023)	For <input type="checkbox"/>	Against <input type="checkbox"/>	Abstain <input type="checkbox"/>
Edwina Melville-Gray (Co-Opted 2021)	For <input type="checkbox"/>	Against <input type="checkbox"/>	Abstain <input type="checkbox"/>
Robert Morris (Co-Opted 2022)	For <input type="checkbox"/>	Against <input type="checkbox"/>	Abstain <input type="checkbox"/>
Peter Sanguinetti (Since 2019)	For <input type="checkbox"/>	Against <input type="checkbox"/>	Abstain <input type="checkbox"/>
Sheila Telford (Since 2016)	For <input type="checkbox"/>	Against <input type="checkbox"/>	Abstain <input type="checkbox"/>

2. Vote for Auditor

To retain the current auditor Brendan Pennylegion, CA for the year ending December 31, 2025.

For Against Abstain

OPTIONS:

To be valid this form of proxy must be duly printed, completed, signed, dated, and forwarded to the CABP national office at 202-4800 Dundas Street West, Toronto, ON M9A 1B1 to arrive not later than Friday, June 13, 2025.

OR

To be valid, this form of proxy must be duly printed, completed, signed, dated, scanned and forwarded to the CABP national office at info@britishpensions.com to arrive not later than Friday, June 13, 2025.

Proxies which arrive outside the foregoing time schedule will not be accepted.



Traveling this summer?

Claim your pension uprate!

Be sure to apply for your pension to be uprated when visiting the UK or any other country where the pension is not frozen (with the exception of the USA and Bermuda).

The list of non-frozen countries consists of **all 27 European Union countries**, all French Overseas Departments, and the following:

- | | |
|---------------------|-------------|
| Barbados | Mauritius |
| Bosnia- Herzegovina | Macedonia |
| Guernsey | Montenegro |
| Isle of Man | Philippines |
| Israel | Serbia |
| Jamaica | Switzerland |
| Jersey | Turkey |



Phone the International Pensions Centre (+44 191 218 7777) before leaving home or soon after arriving at your destination. You will need to have the following information to hand: your National Insurance Number, the dates of your arrival and departure, and an address and phone number where you can be reached during your visit.

If your spouse receives a UK state pension and is travelling with you, he/she will need to be available to answer questions.

Pension fraud to be exposed

The writing may be on the wall for British expats utilizing a UK address to hide the fact that they live in countries not eligible to receive annual increases in the state pension.

According to an article in a Thai newspaper, the UK's Data Protection and Digital Information Bill requires British banks and building societies to share with the Department for Work and Pensions (DWP) the accounts of British citizens who appear to be based in foreign lands. The article says the DWP estimates it overpays such pensioners by £100 million a year.

The bill is expected to come into force in 2025.

Link to the article: <https://www.pattayamail.com/latestnews/news/new-british-law-to-crack-down-on-overseas-benefit-fraud-starts-in-2025-479979>

CABP MEMBERSHIP APPLICATION OR RENEWAL

Clip and mail this form OR join/renew online at www.britishpensions.com OR by phone 416-253-6402

PLEASE PRINT

Name(s): _____

Address: _____

Phone: _____ Email Address (if none, write NONE): _____

PLEASE CHECK New Member(s) **OR** Renewing Member(s) ~ Membership # (if known): _____

* I/we were referred by (Member's name &/or Membership #): _____

Individual **OR** Couple (no charge for second person)

Prefer to read JUSTICE online **OR** Prefer to receive JUSTICE via postal service

Please charge fee/donation to:   **OR** My cheque payable to CABP is enclosed.

Card Number:

|_|_|_|_| - |_|_|_|_| - |_|_|_|_| - |_|_|_|_|

Expiry: |_|_| / |_|_|

Signature: _____

Name on Card: _____

Canadian Resident Annual Fee (\$25):

**Non-Resident Fee: \$40 CAD, includes paper *Justice*
OR \$25 CAD, includes e-*Justice***

Donation to CABP Action Fund:

Total Enclosed: \$

FOR CABP OFFICE USE ONLY

Auth. #:

Date:

PLEASE CLIP FORM WHERE INDICATED & MAIL WITH YOUR CHEQUE OR MONEY ORDER TO:

Canadian Alliance of British Pensioners, 202-4800 Dundas Street West, Toronto, ON M9A 1B1

In the interests of economy, receipts will not be mailed. We are most grateful for all support, particularly donations to the Action Fund.

The UK CONNEXION *Singles Ahoy!*

UK CONNEXION
 a non profit social group founded in 1987
FREE MEMBERSHIP
 for unattached singles, widows and widowers
 WHEREVER BORN

Join us for hikes, brunches, dinners, dinner/dances, theatre, jazz, golf, cultural events and pub-nights, to name but a few.



For a FREE newsletter, and further information call our automated 24/7 Hotline at
416-201-0363 www.ukconnexion.net

2025-2026 State Pension Rate

As of 6 April 2025:

- The full Basic State Pension is £176.45 a week.
- The full New State Pension is £230.25 a week.

Your ad will be seen

COAST TO COAST

when you place it in *JUSTICE*.

Contact Peter Sanguinetti
 peter.sanguinetti7@gmail.com
 416-253-6402




YOU GET ALL THIS FOR \$25

Membership in CABP buys you...

- Top-rated PR campaign in the UK
- The energy and support of an international consortium of pensioners
- Advice on dealing with the Dept for Work & Pensions (through CABP's office)
- Regular issues of this magazine to keep you informed

Join or renew now!

Please use application form inside back cover
 OR Join/renew online at www.britishpensions.com
 OR Phone CABP at 416-253-6402



In memory of the many who have died while waiting for their pension to be indexed, CABP observes one minute of silence at the start of every annual general meeting.

MEMBERSHIP UP-TO-DATE?

Check the Expiry Date below and KEEP UP YOUR SUPPORT for global pension justice.



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AGREEMENT NUMBER 40010836